

PreK-1 Lesson Plan for January 21, 2019- February 1, 2019
 Theme: Staying Healthy in the New Year

Math	Language	Science	Geography
<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Germ Patterns <p><u>Review:</u></p> <ul style="list-style-type: none"> • Rote Counting (1-20) • Number Identification (1-10) <p>Goals: Using knowledge of patterns to complete germ themed activities. Identifying numbers and counting orally.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Phonetic Letter Sounds p/u/r • Healthy Food Word Writing <p><u>Review:</u></p> <ul style="list-style-type: none"> • Writing and Identifying Names <p>Goals: To learn and retain new phonetic letter sounds. Writing words of various foods. Review letters in our names and writing them.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Booger Talk and “Exploration” • How Germs are Spread • How to use Three-Part Cards <p>Goals: Experimenting and experiencing different ways that germs are formed and spread. Revisiting the use of 3-part cards.</p>	<p><u>Review:</u></p> <ul style="list-style-type: none"> • Continent of Europe Unit • Flags of Europe • The Seven Continents <p>Goals: Learning a new continent and their flags. Reviewing the continents and the flags of various countries.</p>
Practical Life	Sensorial	Fine Motor	Large Motor
<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • How to Brush our Teeth • How to Blow our Noses <p><u>Review:</u></p> <ul style="list-style-type: none"> • How to Properly Wash Hands <p>Goals: Learning new hygiene skills, such as brushing our teeth and blowing our noses.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Texture Boards with Blindfold • Healthy Food/Fruit Tasting <p><u>Review:</u></p> <ul style="list-style-type: none"> • Exploring Shaving Cream <p>Goals: Using our sense of touch and taste to play and experiment textures through sensory bins and textured boards.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Pouring Liquid into Cups • Flossing Fake Teeth <p><u>Review:</u></p> <ul style="list-style-type: none"> • Scooping Materials <p>Goals: Using our pouring skills to now use liquids instead of solids. To floss thread through holes and to continue our scooping skills.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Working Together with Parachute • Simple Staying Healthy Exercises • Creative Movements with Scarves <p>Goals: Practicing teamwork through parachute play. Working our muscles and bodies through stretches and exercises.</p>
Outdoor Classroom	Books	Art	Music/Sound Awareness
<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Walking Through the Snow • Creating Snow Angels • Building Snowmen <p>Goals: Exploring the snow and the outdoor playground to create things like angels and snowmen.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Healthy Food Themed Literature • Funny and Silly Books <p><u>Review:</u></p> <ul style="list-style-type: none"> • Practicing “Bubble Reading” <p>Goals: Learning more about our themes and staying healthy through fiction and nonfiction texts.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Creating Fake Boogers • Healthy Body Themed Crafts <p><u>Review:</u></p> <ul style="list-style-type: none"> • Using Water Colors <p>Goals: Creating works of art using our creativity and imagination based on various germs and healthy living activities.</p>	<p><u>Introduce:</u></p> <ul style="list-style-type: none"> • Creatively Dancing to Songs • Using Instruments and Bells • Listening to Calming Music <p>Goals: Exploring sounds of instruments. Calming our minds and bodies with calming music and sounds. Using our bodies to move along to beats of different songs.</p>

Remember to _____
 Special Events _____
 Notes _____
 Completed X Not Completed O Needs to be Reintroduced _____