



## Two's October Newsletter

This last month we got to know each other a little bit better. The children worked on an ALL ABOUT ME page, which shared a little about each one of them. We graphed several different things about ourselves such as our eyes, hair color, and if we are a boy or a girl. We measured the children and made a hand and foot print of each of them. For the last two weeks we have been working on things which help us be HEALTHY. We talked about foods we eat that are healthy and not healthy. We matched foods with colors, put a fruit and vegetable puzzle together and even created a plate of foods we like to eat using precut pictures of food from an advertisement. We helped to make a fruit smoothie with scooping the frozen fruit into the blender and pouring the juice in as well. We talked about germs and even did an experiment to teach why washing our hands is so important. We discussed who we see for our teeth and who we see when we do not feel well. We painted with toothbrushes and worked on our fine motor skills peeling and sticking band-aids to paper.

With cooler weather approaching us and the season change, it is the best time to be learning about APPLES. We will learn about the seed of an apple and its process to become an Apple. The children will count apples, pattern apples, paint with apples and even taste an apple. Then we will begin to talk about the season of fall using wonderful fall books for the children to expand their vocabulary as well as knowledge about the season. We will be sorting leaves, creating art with leaves, counting leaves and creating leaf rubbings.

### **\*A few reminders\***

The weather will be changing so please start to bring in clothes to switch out your child's summer clothes for fall and winter clothes. **The next letters we will be focusing on for the month are "m" and "l". Please bring in an item to share on each Friday which starts with either of these two letters.**

Thank you for all the support with our fundraiser we really appreciate your help.

-Ms. Zavaski